

Join the Sheriff's Office for the 2021 Virtual "Junior Deputy" Camp!
Complete at least 25 activities by August 20 to receive a certificate and patch.



Week 1: Science & Nature

- ☐ Sketch, draw, or take a photo with a cicada
- ☐ Research the life cycle of a cicada and share with a friend
- ☐ Go for a walk and count how many different animals you see
- ☐ Plant some seeds inside or outside, then water and watch them grow
- ☐ Listen to how many different birds sounds you can hear
- ☐ Build a solar oven using a cardboard and aluminum foil – then make s'mores
- ☐ Start a nature journal
- ☐ Fly a kite
- ☐ Count rings on tree to determine its age
- ☐ Compost with kitchen scrapes and use compost to feed your plants
- ☐ What melts? Grab a muffin tin and fill it with assortment of objects and discover what melts in the sun
- ☐ Go bird watching
- ☐ Visit a garden
- ☐ Lie on your back in the grass and guess what the shape of the clouds could be
- ☐ Watch either a sunrise or a sunset

Week 2: Arts & Crafts

- ☐ Build a cicada family out of homemade play-dough
- ☐ Create a memory box for your favorite pictures and artwork
- ☐ Do a puzzle
- ☐ Make bookmarks
- ☐ Make paper bag puppets
- ☐ Make a necklace out of colored pasta and dental floss
- ☐ Start a scrapbook
- ☐ Make homemade cookies, brownies, or pizza and share with your neighbor
- ☐ Make a lemonade stand
- ☐ Decorate or paint a large rock and use it as a door stopper
- ☐ Donate your old toys to a friend to enjoy
- ☐ Collect soil, plants, and twigs to make your own terrarium jar
- ☐ Make a picture frame using recycled items
- ☐ Make animal treats

Week 3: Performing Arts

- ☐ Pick your favorite song, dance or poem to perform in front of family or a friend
- ☐ Have a karaoke night
- ☐ Draw a self-portrait
- ☐ Put on a play designed for a balcony scene
- ☐ Spend the day taking multiple photos to create a short story
- ☐ Visit a local theater in Alexandria
- ☐ Write a song, poem, or speech and share with others
- ☐ Keep a diary or journal about what it's been like during the pandemic
- ☐ Put on a fashion show
- ☐ Put on Kids 'n Comedy show
- ☐ Record a new voicemail message with your parent or sibling
- ☐ Roleplay how to handle a tough situation, liking making friends, or saying no to peer pressure
- ☐ Play charades

Week 4: Only in Alexandria

- ☐ Visit a monument or memorial in Alexandria
- ☐ Tour the Alexandria Black History Museum and associated sites with virtual or in-person visits <https://www.alexandriava.gov/BlackHistory#VirtualTour>
- ☐ Walk or ride to see the tiny house at 523 Queen Street, known for being the skinniest historic house in Alexandria
- ☐ Find a cobblestone street in Old Town
- ☐ Name four things that you can buy at one of Alexandria's farmers' markets
- ☐ Visit the Alexandria Waterfront to see the artwork
- ☐ Research and find the oldest historic home in Alexandria
- ☐ Take an in-person or a virtual visit to Alexandria's Fort Ward <https://www.alexandriava.gov/FortWard#VirtualTour>
- ☐ List four streets in Alexandria that begin with the same letter
- ☐ Identify the name of the tall memorial building in Alexandria honoring a President
- ☐ Find out what year Alexandria was founded
- ☐ Visit the Alexandria History Museum at The Lyceum at 201 South Washington Street <https://www.alexandriava.gov/historic/lyceum/default.aspx?id=115635>
- ☐ Contact Volunteer Alexandria to see how you can volunteer now or in the future and learn about their Youth Service-Learning Program <https://www.volunteeralexandria.org/youth-families>

Week 5: Fun & Fitness

- ☐ Take a trust walk with a friend using a blindfold
- ☐ Take a swim at a local pool
- ☐ Complete 25 jumping jacks
- ☐ Play hallway hopscotch
- ☐ Play balloon volleyball
- ☐ Play hide-and-seek
- ☐ Go bowling
- ☐ Play miniature golf
- ☐ Play tag with friends
- ☐ Dance in the rain
- ☐ Try three yoga poses for kids
- ☐ Build an indoor/outdoor obstacle course
- ☐ Wheelbarrow, crab and bear-walk race- tough positions for a real workout
- ☐ Freeze dance/dance party
- ☐ Swing on the swings
- ☐ Ride bikes or go skating

Week 6: Friends & Family

- ☐ Draw a card for your neighbor
- ☐ Complete a math activity, such as counting how many cars are on your block
- ☐ Make a family kindness jar and fill with slips of paper with kind things you have done
- ☐ Play the silent game by seeing how long you and sibling can go without talking
- ☐ Read a book to a younger sibling or parent or have a book read to you
- ☐ Have a picnic on the living room floor
- ☐ Write a letter to a grandparent
- ☐ Make a care package to send to a relative who lives far away
- ☐ Make a family tree
- ☐ Ask a parent or loved one to tell you about someone in your family who lived a long time ago or who you haven't gotten to meet
- ☐ Walk your dog or offer to walk the neighbor's dog
- ☐ Help your parents wash the car
- ☐ Write a letter to the Sheriff (Sheriff Dana Lawhorne, 2003 Mill Road, Alexandria, VA 22314)
- ☐ Make a thank you card for your teacher and drop off at your school
- ☐ Perform a random act of kindness

Week 7: Diversity Week

- ☐ Learn simple sign language
- ☐ Listen to a song in different languages
- ☐ Eat or visit a local ethnic restaurant or groceries
- ☐ Learn how to say "Thank You" in multiple languages
- ☐ Make a homemade passport
- ☐ Visit a local museum
- ☐ Act out a folk tale
- ☐ Sketch three different flags of different countries
- ☐ Read a book to shows what different houses look like around the world
- ☐ Research money from across the world
- ☐ Find a recipe from another country to try at home
- ☐ Do a research project on a different country and present it to your family
- ☐ Look at a world map and locate different continents and countries and then guesstimate how far you live from that region

Week 8: Engineer Week

- ☐ Complete a math activity, such as counting how many cars are on your block
- ☐ Make a time capsule
- ☐ See how high you can build a Lego or block tower
- ☐ Build a toothpick bridge or building
- ☐ Line up dominoes and watch them fall
- ☐ Build a fort inside or outside
- ☐ Plan your family's fire escape route and have a fire drill
<https://www.nfpa.org/-/media/Files/FPW/Educate/2019/FPW19Grid.ashx>
- ☐ Egg drop challenge – engineer a container that will protect an egg from a long drop
- ☐ Make instruments from things in your house such as, drums from pots

Bonus Virtual Field Trips

- ☐ San Diego Zoo KIDS <https://kids.sandiegozoo.org/videos>
- ☐ Go on a virtual tour Alexandria's very own Stabler-Leadbeater Apothecary Museum
<https://www.alexandriava.gov/Apothecary#VirtualTour>
- ☐ Take a virtual field trip of the museum in another city like the Boston Children's Museum <https://www.bostonchildrensmuseum.org/museum-virtual-tour>
- ☐ Watch wildlife through an African wildlife webcam
<https://explore.org/livecams/african-wildlife/>

When you have completed at least 25 activities, have a parent or another adult email your name and address to Deputy Ashley Battle at ashley.battle@alexandriava.gov so the Sheriff's Office can send you your official certificate and patch! The deadline is August 20, 2021.